

Cost of Living Chart

Monthly Costs Family of Four with two full time working adults and two children ages 4 and 7 yrs.

Sunshine Coast Monthly Cost Estimates		2011
Item	Notes	
Food	Based on the Dietitians of Canada 2009 estimates for a nutritious diet for a family of four, adjusted for inflation. Our region is the Vancouver Coastal Health Authority calculation.	\$797.10
Clothing and Footwear	Based on Statistics Canada's calculations for the Market Basket Measure for BC communities under 30,000.	\$185.08
Shelter	Shelter costs are composed of four numbers. The first is rent for a 3-bedroom. This number was calculated based on a survey of classified ads between the end of January and the end of March (8 weeks). It should be noted that this survey excluded high-end rentals (i.e. luxury or holiday homes) from the survey calculation, and therefore represents a realistic average of rental family housing on the Sunshine Coast. Also included is a calculation of utility costs from the Dietitians of Canada 2007 report (not 2009 as it wasn't calculated as a separate number), adjusted for inflation. Phone bill and contents insurance estimates provided.	\$1366.16
Transportation	Calculation based on the operation of a vehicle and the cost of a bus pass annually. Based on Statistics Canada's 2008 MBM calculations for operating a vehicle in a BC community under 30,000. Bus pass cost provided by the SCRDC.	\$445.79
Other	Statistics Canada's MBM calculates the Other expense at 74.9% of combined expense for food and clothing/footwear	\$735.65

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Child Care	Based on Sunshine Coast Child Care Referral Centre's (CCRR) 2011 fee survey. \$800/month for full-time child care for the 4-year old; after-school care (\$14/day) and 6 weeks of summer care (\$150/week) for the 7-year old.	\$1108.33
Non MSP Health Ex	Based on estimates for Pacific Blue Cross extended health insurance. Does not include costs only partly covered by insurance.	\$133.00
MSP	Provincial health care premiums.	\$121.00
Contingency	Provides a cushion for unforeseen events. Based on 2 weeks pay for both parents annually.	\$219.33
Parent Education	Allows two college courses per year for one parent, to upgrade skills. Based on Capilano course and book fees.	\$88.66
Total		\$5,200.10

\$0.00

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2015 Update	
Update based on 2011 numbers, adjusted for Consumer Price Index (CPI)	\$828.45
Update based on 2011 numbers, adjusted for CPI	\$191.90
Update based on rents identified through 2014 Housing Needs Assessment Rental Survey (spring 2014)	\$1,384.14
Update based on 2011 numbers, adjusted for CPI	\$463.59
Update based on 2011 numbers, adjusted for CPI	\$769.34

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Based on CCRR Nov. 2014 Child Care Fee Survey. After school care 10.5 months per year for 19 days/month (\$15.80/day), and one child care day during one pro-d (\$30.83). Includes 6 weeks of out of school care for summer holidays (30 days @	\$1,106.73
Based on Blue Cross extended health insurance	\$136.00
MSP rates from 2014	\$138.50
	\$224.58
	\$88.66
	\$5,331.89

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