



SUNSHINE COAST
Resource Centre

— CAREGIVER SUPPORT NETWORK —

Caregivers on the Coast

SUPPORT GROUP | SECHELT

A welcoming and supportive space for caregivers. Connect with others who understand — share, listen, or simply be present.

This facilitated group includes open discussion, shared experiences, and information about local supports.



Next Gathering:

Thursday, January 29 | 2pm - 3pm

**Seniors Gathering Place, Resource Centre Office
5674 Cowrie Street, Sechelt**

This program is supported by the United Way BC

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