

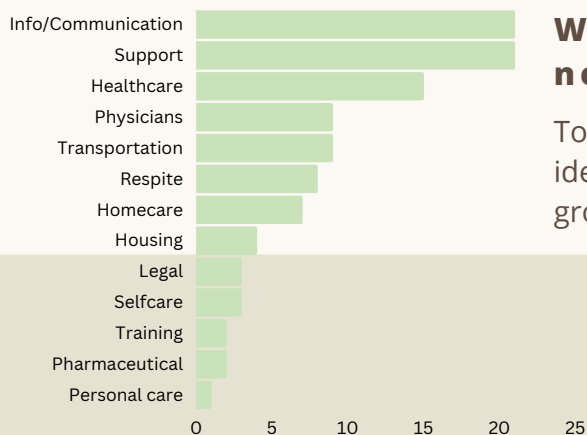
goal: to identify gaps and opportunities for (re)building a caregiver support network on the Sunshine Coast

with presentations by Family Caregivers of BC and Gabriola Island's Caregiver Support Program



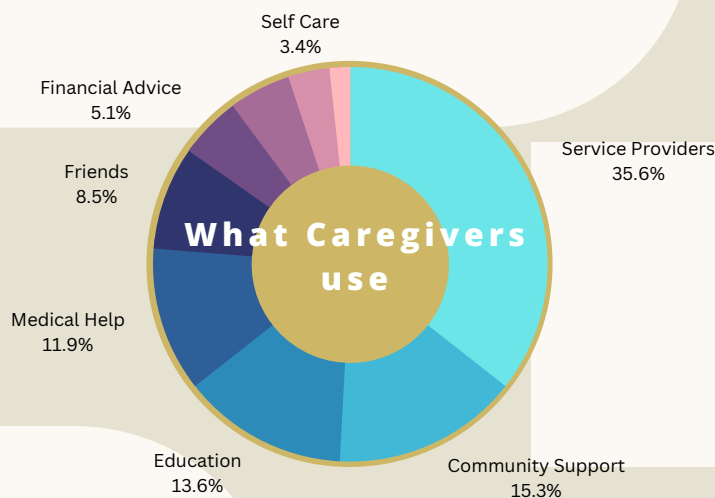
What Caregivers do

Caregivers do these things every day



What Caregivers need

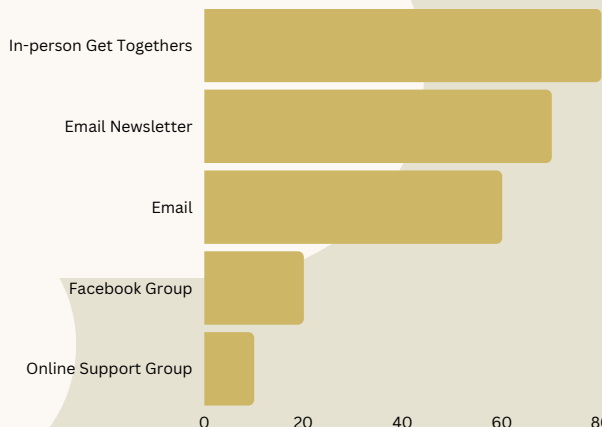
Top priorities identified by the group



At the end of the meeting we felt:

cared for
informed
looked after
excited
useful
inspired
breathing
more informed
cautiously optimistic

grateful
encouraged
supported
valued
optimistic
hopeful
connected



Caregivers connect!

In-person and email are the most popular.