

# GET MOVING

The critical need for  
improving seniors  
transportation

on the Sunshine Coast

## A Path Forward: Building an Accessible Coast for All Ages and Abilities

Get Moving Monthly Feature  
Connect the Coast Society

*Community infrastructure shapes how easily we can stay connected to the places and people that matter. A proposed multi-use pathway along Highway 101 could transform how people move between communities on the Sunshine Coast.*

## The Vision

The Connect the Coast Society, supported by Transportation Choices Sunshine Coast (TRaC), is advancing plans for a multi-use pathway across the Coast. Designed for people of all ages and abilities, the pathway would provide greater freedom to travel safely between communities, with the first proposed segment connecting Gibsons to Roberts Creek. The project reflects a commitment to transportation equity, the recognition that everyone deserves reliable and accessible ways to get around. The pathway also directly supports priorities identified in the Sunshine Coast Regional District's Official Community Plan, such as through expanding active transportation networks and providing alternatives for getting around without a car (SCRD, 2025).

# Why This Matters

## Especially for Seniors

Mobility plays a central role in maintaining independence, health, and social connection as we age. A multi-use pathway could:

- Provide safer access for cyclists, mobility scooters, and assistive devices.
- Make short trips between communities more practical.
- Support healthy lifestyles.
- Help reduce social isolation by improving access to services and gathering spaces.
- Reduce the number of vehicles on the road.

Stephen Forgacs, a board member of both Connect the Coast and TRaC, speaks to the broad community benefit of the project: "Our vision for that is that people will have the ability to travel eventually between communities off the highway, whether they're in a mobility scooter or on a bike or walking, they will have a safe space that's separated from vehicle traffic, and it's particularly important for segments of our society who don't or can't drive, and that includes many seniors." The pathway could also serve as a driver of economic growth and enhance tourism.

## More Than a Pathway

The pathway is being designed with real people's needs in mind. Forgacs describes the kind of thoughtful touches planned along the route: "Our goal is to have sort of little pull outs where there might be interpretive signage about natural features, if it's beside a ravine, benches along the way." Wide, smooth surfaces will accommodate walkers, cyclists, and mobility scooters, ensuring accessibility for everyone.

These features make the pathway more than a way to get from point A to B, they transform it into a welcoming space where people of all ages can stay active and connected.

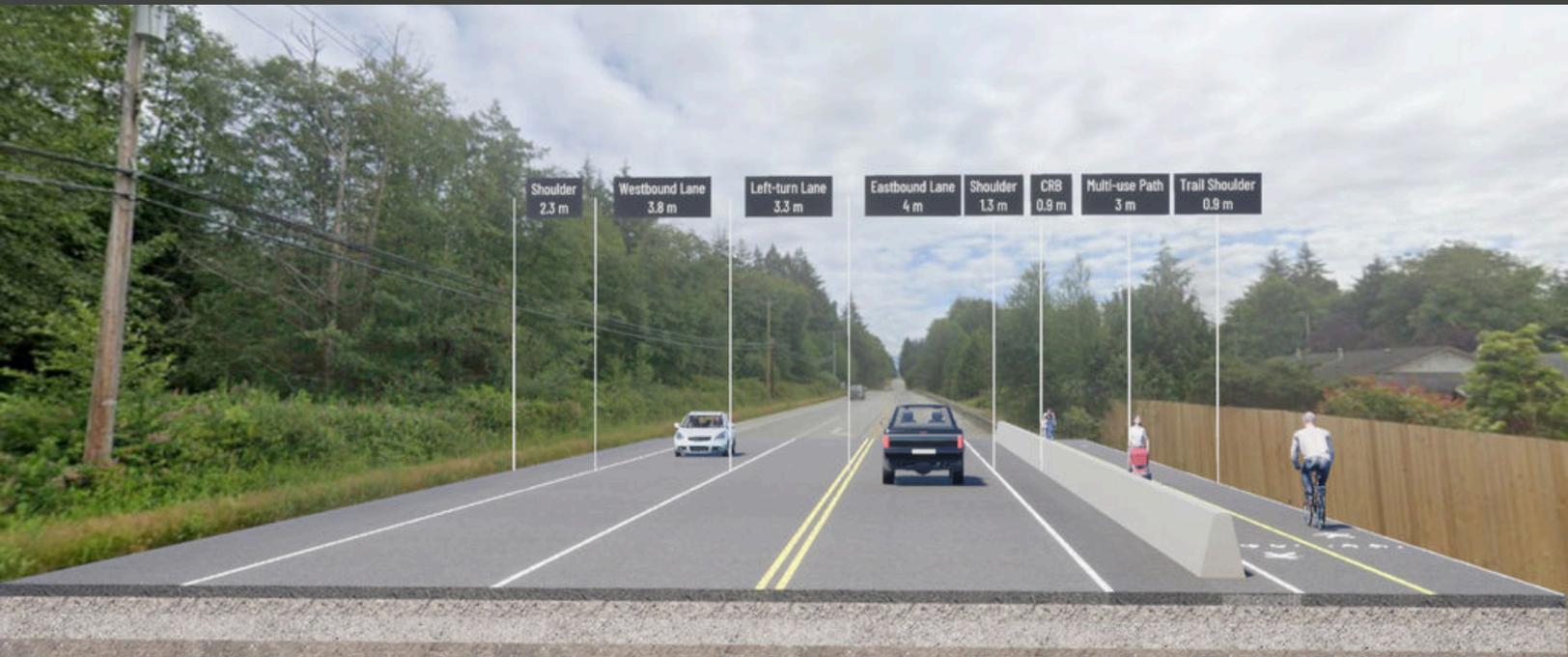


Image of the proposed Gibsons to Roberts Creek segment of the multi-use pathway.

# How You Can Help Make It Happen

Projects like this move forward when communities speak up. The pathway still requires regional and provincial support to advance beyond the design phase. You can make a difference by contacting your local MLA to express support for accessible transportation infrastructure on the Sunshine Coast, reaching out to your town councillor or regional district representative, and sharing this article with neighbors, friends, and family who would benefit from a safer coast.

For more information about the Connect the Coast Society and the proposed multi-use pathway, visit: [www.transportationchoices.ca/connect-the-coast-trail](http://www.transportationchoices.ca/connect-the-coast-trail)

*Kaylene Sawicki | Sunshine Coast Resource Centre*



Learn more about **Connect the Coast Society**

Visit: [www.transportationchoices.ca](http://www.transportationchoices.ca)

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Learn more about this project:

